

1 **Special Issue: Digestion Physiology - Adaptations of Nutrient Supply Organs that Fuel**
2 **the Fire of Life**

3

4 **Short Communication**

5

6 **Title: Microplastics ingestion induces plasticity in digestive morphology in larvae of**
7 ***Xenopus laevis***

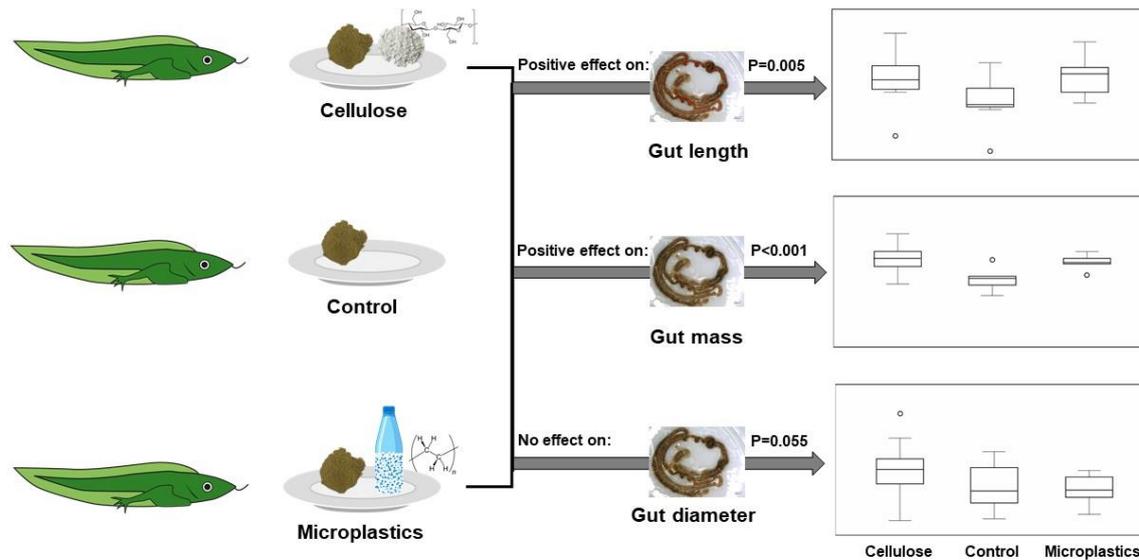
8

9 Katharina Ruthsatz¹, Marie Domscheit¹, Karolin Engelkes², Miguel Vences¹

10 ¹*Zoological Institute, Technische Universität Braunschweig, Mendelssohnstraße 4, 38106*
11 *Braunschweig, Germany*

12 ²*Leibniz Institute for the Analysis of Biodiversity Change, Martin-Luther-King-Platz 3, 20146*
13 *Hamburg, Germany*

14 Corresponding author: **Katharina Ruthsatz**; ORCID: 0000-0002-3273-2826. Current
15 address: Zoological Institute, Technische Universität Braunschweig, Mendelssohnstraße 4,
16 38106 Braunschweig, Germany. Phone: 0049 531 3912393. Email:
17 katharinaruthsatz@gmail.com.



18 Graphical summary of the main findings related to the effects of natural fibers (cellulose) and
 19 artificial fibers (microplastics) on the digestive morphology in larvae of *Xenopus laevis*. Gut
 20 length and gut mass increased in response to microplastics and cellulose ingestion indicating
 21 that both types of fibers induced intestinal plasticity. However, there was no effect on average
 22 gut diameter.

23 Abstract

24 Global changes in temperature, predator introductions, and pollution might challenge animals
 25 by altering food conditions. A fast-growing source of environmental pollution are
 26 microplastics. If ingested with the natural food source, microplastics act as artificial fibers that
 27 reduce food quality by decreasing nutrient and energy density with possible ramifications for
 28 growth and development. Animals might cope with altered food conditions with digestive
 29 plasticity. We examined experimentally whether larvae of the African clawed frog (*Xenopus*
 30 *laevis*) exhibit digestive morphology plasticity (i.e., gut length, mass, and diameter) in response
 31 to microplastics ingestion. As natural systems contain non-digestible particles similar in size
 32 and shape to microplastics, we included cellulose as a natural fiber control group. Gut length
 33 and mass increased in response to microplastics and cellulose ingestion indicating that both
 34 types of fibers induced digestive plasticity. Body mass and body condition were similar across
 35 experimental groups, indicating that larvae fully compensated for low nutrient and energy
 36 density by developing longer intestines. The ability of a species to respond plastically to
 37 environmental variation, as *X. laevis* responded, indicates that this species might have the
 38 potential to cope with new conditions during global change, although it is uncertain whether
 39 this potential may be reduced in a multi-stressor environment.

40 Key words

41 *intestinal plasticity, gut length, optimal nutrition theory, amphibians, gut adjustments,*
 42 *pollution*

43 Global changes in temperature, predator introductions, and chemical pollution could
44 challenge animals by altering food availability or quality (Rosenblatt & Schmitz 2016;
45 Schmedler, 2018). Animals might cope with altered food conditions by exhibiting trophic
46 (Carreira et al., 2016) and digestive plasticity (Secor, 2001). As the digestive tract represents
47 the functional link between energy uptake and energy available for survival, development,
48 and reproduction (Piersma and Lindström, 1997), digestive plasticity may be among the most
49 important physiological adjustments necessary to cope with changes in food quantity and
50 quality (Naya et al. 2007).

51 The capacity to adjust digestive features associated with food intake (i.e., oral morphology)
52 (e.g., Pfennig and Murphy, 2002), food digestion (i.e., digestive system, enzyme activities)
53 (e.g., Starck, 1996; Relyea and Auld, 2004) and nutrient transport (Sabat et al., 1995; Secor
54 and Diamond, 2000) is found in many animal taxa (rev. in Naya and Bozinovic, 2004). Across
55 vertebrate taxa, and consistent among species of mammals (Sabat and Bozinovic, 2000), birds
56 (McWilliams and Karasov, 2001), reptiles (Naya et al., 2011), fish (Ke et al. 2008), and
57 amphibians (Horiuchi and Koshida, 1989), herbivores exhibit longer digestive tracts than
58 carnivores due to differences in food quality (rev. in Stevens and Hume, 2004). These
59 differences in relative gut length can be explained by the *optimal digestion theory* (Sibly,
60 1981). It predicts that the consumption of food with a high content of non-digestible material
61 and low protein and energy content, as is the case for plant-based food, results in an increase
62 in gut dimensions (i.e., length and diameter; Sibly, 1987). Longer digestive systems allow for
63 longer transit times and improved digestive efficiency, whereas larger gut diameters increase
64 the amount of food that can be processed per unit body weight (Yang and Joern, 1994).

65 In amphibians, much work has investigated the effects of competition (Relyea and Auld,
66 2004, 2005), predation (Kehr and Gomez, 2004), aestivation (Cramp and Franklin, 2005),
67 temperature (Castaneda et al. 2006), density of specimens (Bouchard et al., 2016), food
68 quantity (Carabio et al. 2017), and chemical composition of food (Stoler and Relyea, 2013;
69 Ruthsatz et al. 2019) on larval and adult digestive morphology and physiology. These studies
70 found alterations in digestive performance, size of absorptive surface as well as gut length and
71 mass in response to changes in food quantity and quality. For example, lower food quantity
72 induced longer intestines in tadpoles of the wood frog (*Lithobates sylvaticus*, Relyea and
73 Auld, 2004). Further, low food quality (i.e., low protein and energy content) increased gut
74 length and stomach size in tadpoles of the European common frog (*Rana temporaria*;
75 Ruthsatz et al., 2019) and decreased mouth size in tadpoles of the wood frog (*Lithobates*
76 *sylvaticus*; Stoler and Relyea, 2013). However, studies investigating the capacity for digestive
77 plasticity in response to pollutants that are ingested together with food are, so far, lacking.

78 Microplastics are an environmental pollutant that is increasingly gaining attention (Akdogan
79 and Guven, 2019). Microplastics are defined as synthetic polymer particles below 5 mm in
80 diameter (Horton et al., 2017) which originate from primary plastics (e.g., textiles, medicines,
81 personal care products, and pellets for plastic production; rev. in Rochman et al., 2015) or
82 secondary plastics (e.g., deriving from the debris of plastic items, such as fishing nets, films,
83 and tires; rev. in Eriksen et al., 2014). Ingestion of microplastics has been demonstrated in a
84 variety of terrestrial and aquatic organisms from numerous taxa (rev. in Ribeiro et al., 2019)
85 including amphibians (Hu et al. 2016, 2022; da Costa Araújo et al., 2020a,b; Kolenda et al.,
86 2020). Ingested microplastics are distributed to different tissues and organs and can lead to
87 harmful, sometimes lethal, effects (re. in Prokic et al. 2019). If ingested together with the
88 natural food source, microplastics act as artificial fibers that reduce food quality by decreasing
89 the nutrient density with possible ramifications for growth, development, reproduction, and
90 survival.

91 In this study, we examined experimentally whether larvae of the African clawed frog
92 (*Xenopus laevis*, (Daudin, 1802)) exhibit phenotypic plasticity of the digestive morphology
93 (i.e., gut length, mass, and diameter) in response to microplastics pollution and therefore,
94 might be able to cope with changes in food quality associated with global change.

95 *Xenopus laevis* is the best studied amphibian species in terms of growth and development
96 (Buchholz, 2017), providing solid physiological background for the patterns investigated in this
97 study. Recently, *Xenopus* embryos and tadpoles have been used for studying the ecotoxicology
98 of microplastics (rev. in Hu et al., 2016). Furthermore, as filter-feeders, *Xenopus* tadpoles are
99 ideal models to explore the effects of microplastic ingestion in replicable experiments of
100 dispersed particles in water.

101 Five clutches of *X. laevis* eggs were obtained from the Universitätsklinikum Hamburg
102 Eppendorf. Each clutch was kept separately at 22°C until the embryos hatched and reached
103 developmental stage NF45 (i.e., when exotrophic feeding occurs; Nieuwkoop and Faber, 1994).
104 From each clutch, three larvae were randomly allocated to each of the 9 standard 12-L aquaria
105 (i.e., 27 larvae from each clutch in total). Fifteen larvae were kept in an aquarium filled with 9-
106 L of aged de-chlorinated water (15 larvae × 9 aquaria = 135 larvae in total; density: 1.66
107 larvae/L). The experiment was conducted in a climate chamber (Kälte-Klimatechnik-
108 Frauenstein GmbH, Germany) with a 14:10 h light:dark cycle and a mean ± SD air temperature
109 of 20 ± 0.2 °C. A water temperature of 25 (± 0.1) °C was achieved by adjustable heating
110 elements (JBL GmbH & Co. KG, Germany, adjustable heating element, JBL PROTEMP S 25,
111 25 W). Three aquaria (i.e., replicates) were exposed to each the microplastics treatment, the
112 fiber control group, and the control group (3 replicates × 3 treatments = 9 aquaria in total).

113 Larvae were fed high-protein powdered fish food (Sera micron breeding feed for fish and
114 amphibians, Sera, Germany). The food was free of microplastics according to previous
115 investigations and particle size was in the range of microplastics and cellulose particle size. *Ad*
116 *libitum* rations were provided twice a day to guarantee that food was available in abundance.
117 The size of the rations was continuously adjusted to account for changes in the size of the
118 tadpoles and the number of individuals in each aquarium effectively avoiding any restricted
119 feeding conditions. Any dead tadpoles were removed from the aquaria.

120 We used polyethylene particles (Sigma-Aldrich; polyethylene powder, CAS number 9002-88-
121 4, particle size: 34-50 µm) as microplastics fiber because polyethylene is one of the most widely
122 used polymers to produce plastic materials (Horton et al., 2017). Further, polyethylene has
123 been identified as an environmentally relevant microplastics pollutant in amphibians (Karaoglu
124 & Gül, 2020) and has been used in studies testing the effect of microplastics on amphibian
125 behavior and health (da Costa Araújo et al. 2020a,b,c). We used a microplastics concentration
126 of 60 mg/L according to the procedure of da Costa Araújo et al. (2020a). The selected
127 concentration is environmentally relevant as such concentration is equivalent to $4.2^4 \times 10^{-6}$
128 particles/m³ and thus, within the range of surface water contamination with microplastics (1 x
129 10⁻² to 10⁸ particles/m³; Koelmans et al., 2019; da Costa Araújo et al., 2020a).

130 Natural systems contain a wide range of naturally occurring non-digestible particles similar in
131 size and shape to microplastics fibers (Buss et al., 2021). We therefore included cellulose
132 (Sigma-Aldrich; cellulose powder, CAS number 9004-34-6, particle size: 51 µm) as a natural
133 fiber control group in our experimental design. We used a cellulose concentration of 60 mg/L,
134 similar to the concentration used for the microplastics.

135 Microplastics and cellulose were directly added to the aquaria (i.e., 60 mg/L fibers × 9 L water
136 = 540 mg fibers per aquarium). Every second day, water was changed completely by
137 transferring the tadpoles gently to a new aquarium with fresh water at the same temperature

138 and, if applicable, added microplastics or cellulose. The previously used aquarium was cleaned
139 accurately to remove old fibers. Wooden-made air stones guaranteed continuous dispersion of
140 fibers within the water. To avoid any microplastics contamination in the experimental climate
141 chamber, only cotton-made tissues and clothes were used. We also used an air purifying system
142 (TOPPIN TPAP003, CADR 260 m³/h and Philips AC2889/10, CADR 333m³/h) to filter
143 possible air contamination.

144 When tadpoles reached developmental stage NF57 (i.e., all five toes separated; Nieuwkoop and
145 Faber, 1994), five tadpoles were randomly selected from each aquarium. At this pro-
146 metamorphic stage, the gut is largest and longest in *X. laevis* (Schreiber et al. 2005). The
147 collected tadpoles were washed with filtered water and immediately anesthetized with 200 mg
148 /L of tricaine methanesulfonate (MS-222, Ethyl 3-aminobenzoate methanesulfonate; Sigma-
149 Aldrich) buffered with 200 mg/L of sodium bicarbonate (Cecala et al., 2007), and subsequently
150 euthanized for prolonged exposure to this solution.

151 We measured snout-vent length (SVL) and body mass directly after hatching (i.e., before the
152 start of the experiment), and at developmental stage NF57 (i.e., at the end of the experiment).
153 Ontogenetic stage was determined every other day after hatching. Age was measured in days
154 after hatching (dah). The SVL of the tadpoles was measured with a caliper to the nearest 0.5
155 mm. Specimens were dry blotted and weighed to the nearest 0.001 g with an electronic
156 balance (Sartorius A200 S, Germany). Ontogenetic stage was determined by evaluating the
157 status of key morphological features as detailed in Nieuwkoop and Faber (1994).

158 Body condition was determined using the scaled mass index (SMI) following Peig & Green
159 (2009) once the tadpoles reached developmental stage NF57. The SMI accounts for the
160 allometric relationship between mass and body length and is a standardized measure of the
161 body condition that can be directly compared among individuals (Peig & Green, 2009; 2010).
162 A high SMI suggests greater energy storages and, thus, a good body condition. The SMI slope
163 is calculated from the regression of log transformed SVL and log transformed mass:

$$164 \quad \text{SMI} = \left[\text{individual Mass} \times \left(\frac{\text{mean SVL of population}}{\text{individual SVL}} \right)^{\text{slope of regression } \log \text{Mass} \sim \log \text{SVL}} \right]$$

165 After taking SVL and body mass measurements, specimens were preserved in an increasing
166 ethanol series (30% for 24h, 50% for 24h, and 70% for 7d). Before dissection, the ethanol-
167 preserved specimens were rehydrated in a decreasing ethanol series (70%, 50%, 30%, and
168 water) to achieve their original wet weight. If there was a systematic error introduced by this
169 procedure it would be identical for all specimens because all specimens were treated the same
170 way; the conclusions should, thus, not be affected.

171 As intestinal structures, gut length (mm; from the end of the *Manicotto glandulare* to the vent;
172 Ruthsatz et al., 2019), average intestinal diameter (mm; calculated from five measurements
173 uniformly distributed over the length of the intestine), and gut mass (mg; dry blotted) were
174 determined. Fixation in alcohol had the effect of turning the intestines rigid and breaking them
175 into parts when dissecting. We carefully sorted (from anterior to posterior) and measured those
176 parts for length and the other variables, and then added the measurements. All measurements
177 were taken on a digital microscope (Keyence VHX-500F) using integrated measuring software
178 tools. During measurements, tadpoles or dissected intestinal structures were placed in a petri
179 dish.

180 All response variables (i.e., intestinal measures) are morphometric variables that are usually
181 highly dependent on body size (Relyea and Auld, 2004; Shangling et al., 2013). To account for
182 the effect of body size, therefore, we used second-order statistics, (specifically, we calculated
183 residuals from linear regressions of the respective variable with SVL using the full dataset (i.e.,

184 all treatment groups). Accordingly, for example, a specimen with a positive residual of gut
 185 length represents one with a relatively long intestine (in respect to its body size). Kruskal-Wallis
 186 tests were initially conducted to determine the effect of treatments on age, SVL, mass, body
 187 condition, and gut morphology and, if significant, were followed by pairwise multiple
 188 comparisons between treatments and control group using Mann-Whitney-U test with
 189 Bonferroni correction. Results were pooled per aquarium, and average values of all dependent
 190 variables for each aquarium were used as unit for further analysis. The statistical unit was the
 191 single aquarium (n=9). For all statistical tests Cran R (Version 4.1.1, R Development Core
 192 Team 2021) for Windows was used.

193 Age at developmental stage NF57 significantly differed between the treatments and control
 194 group (Table 1). Larvae that were exposed to cellulose fibers were significantly the oldest,
 195 whereas exposure to microplastics fibers resulted in the youngest larvae. (Table 1). Thus,
 196 developmental rate was highest in larvae exposed to microplastics. Whereas SVL in cellulose-
 197 and microplastics-exposed larvae were significantly smaller than in the control group, mass
 198 and body condition did not significantly differ between treatments or between treatments and
 199 control group (Table 1). Survival was high across all treatments and aquaria
 200 (Microplastics=95.5%; Control=97.7%; Cellulose=95.5%).

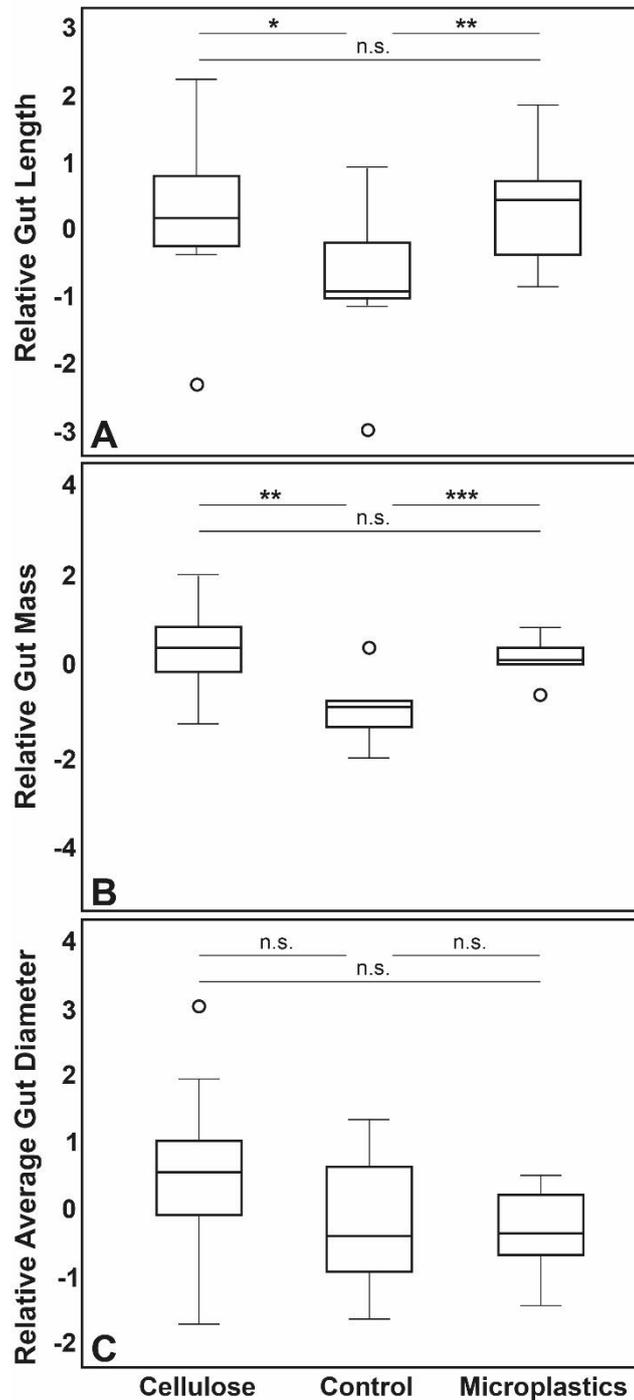
201 Microplastics and cellulose were visible in feces indicating that larvae ingested both types of
 202 fibers. There were considerable differences in the relative length and mass of the intestinal
 203 tract between the treatments and the control group. The gut was significantly longer and
 204 heavier in larvae from both treatments compared to the control group (Fig. 1AB; Table 1).
 205 Larvae exposed to cellulose and microplastics fibers did not significantly differ in relative gut
 206 length or mass (Fig. 1AB; Table 1). However, there was no statistical difference in the
 207 relative diameter of the gut between the treatments and the control group (Fig. 1C; Table 1).

208 **Table 1.** Differences in age, body size, body condition, and intestinal dimensions of *X. laevis*
 209 larvae (NF 57; Nieuwkoop and Faber 1994) in response to artificial (microplastics) and
 210 natural fibers (cellulose) fibers that reduce food quality. Shown are means \pm SD. See text for
 211 further details. MP = Microplastics. Total number of individuals = 45; total number of
 212 aquaria (i.e., replicates and statistical units) = 9.

Variable	Control	Cellulose	MP	Kruskal-Wallis test (df=2)		Mann-Whitney-U test (pairwise comparisons)					
				H	P	Control - Cellulose		Control - MP		Cellulose - MP	
						z	P	z	P	z	P
Age (dah)	25 (\pm 0.37)	26 (\pm 0.37)	23 (\pm 0.53)	39.62	<0.001	-4.57	<0.001	-4.96	<0.001	-5.00	<0.001
SVL (mm)	15.5 (\pm 0.68)	14.13 (\pm 0.58)	14.06 (\pm 0.65)	22.97	<0.001	-4.10	<0.001	-4.14	<0.001	-0.17	<0.001
Mass (mg)	507.93 (\pm 109.32)	539.73 (\pm 139.41)	533.40 (\pm 95.64)	0.88	0.642	NA	NA	NA	NA	NA	NA
Body condition (SMI)	625.91 (\pm 214.07)	509.66 (\pm 188.86)	494.89 (\pm 148.39)	3.81	0.149	NA	NA	NA	NA	NA	NA
Relative gut length	-0.62 (\pm 0.92)	0.29 (\pm 1.03)	0.33 (\pm 0.72)	10.72	0.005	-2.72	0.018	-2.92	0.009	-0.18	0.870

<i>Relative gut mass</i>	-0.75 (±0.97)	0.43 (±0.94)	0.31 (±0.54)	15.32	<0.001	- 3.13	0.003	- 3.59	<0.001	- 0.68	0.512
<i>Relative gut diameter</i>	-0.25 (±0.095)	0.51 (±1.20)	-0.25 (±0.55)	5.79	0.055	NA	NA	NA	NA	NA	NA

213



214 **Fig. 1** Relative **A** gut length, **B** gut mass, and **C** average gut diameter of *Xenopus laevis* larvae
 215 in response to natural (cellulose) and artificial fibers (microplastics) that reduce food quality
 216 (i.e., nutrient and energy density). Shown are residuals versus snout-vent length. Boxes and
 217 whiskers show 25th to 75th and 10th to 90th percentiles, respectively; black lines indicate the
 218 median. Pairwise multiple comparisons were conducted using Mann-Whitney-U test with

219 Bonferroni correction. Asterisks indicate significant differences between cohorts within a
220 nitrate concentration (* $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$). Total number of individuals = 45;
221 total number of aquaria (i.e., replicates and statistical units) = 9.

222 Digestive plasticity in response to environmental stressors directly or indirectly associated
223 with global change such as changes in food quantity (Carabio et al. 2017), temperature (Curtis
224 and Bidart, 2021), or predator introduction (Kehr and Gomez, 2004) is well studied for larval
225 and adult amphibians. Pollutants are suggested to be among the five ultimate environmental
226 stressors causing global amphibian decline (Hoffmann et al., 2010) and might also impact
227 amphibians by modifying the quality of their food. The biological impacts of microplastics
228 are still poorly known (Bosch et al. 2021), but their ingestion can interfere with physiological
229 processes and might affect development, growth, metabolism, and survival in amphibians
230 (Boyero et al., 2020; Buss et al. 2021; Lajmanovich et al. 2022). The present study is, to our
231 best knowledge, the first investigating whether amphibian larvae might cope with reduced
232 food quality due to microplastics pollution by exhibiting digestive plasticity in order to
233 improve digestive efficiency. We demonstrate that differences in nutrient and energy density
234 can induce a plastic response in gut length and mass. However, there was no such plasticity in
235 the average gut diameter.

236 Based on optimal digestion theory (Sibly, 1981), digestive plasticity is suggested to correlate
237 with digestion efficiency since longer guts extend the time it takes for food to pass through
238 the intestinal tract (Yang and Joern, 1994; Relyea and Auld, 2004). Digestion in amphibian
239 larvae is supported by microbial fermentation of intestinal bacteria (Altig and Johnston, 1989;
240 Pryor and Bjorndal, 2005) which are more diverse in these larvae than in the purely
241 carnivorous adult frogs (Vences et al. 2016). This is particularly important for cellulose fibers
242 (Horiuchi and Koshida 1989), which no vertebrate can digest without its intestinal
243 microbiome (McWilliams and Karasov, 2001). As microbial fermentation is very slow
244 (Zimmermann and Tracey, 1989), longer retention times in the elongated digestive tracts of
245 larvae raised on additional cellulose fibers supposedly led to more effective utilization of
246 energy and allowed larvae to compensate for the lower nutrient and energy content of this
247 diet.

248 In contrast to natural fibers such as cellulose, microplastics fibers are truly non-digestible and
249 lack any nutrients or energy that could be assimilated. Nevertheless, both dietary fiber
250 components induced a plastic response in gut length which allowed larvae to compensate (in
251 terms of mass and body condition) for the lower nutrient and energy densities compared to the
252 diet of the control group. We suggest that the elongated guts increased the efficiency of
253 nutrient extraction from ingested food particles that also contain plant fibers which profit from
254 a longer gut passage. This indicates that plasticity in digestive morphology is induced by low
255 nutrient and energy density *per se* and is not related to the type of fiber. However,
256 microplastics have recently been shown to alter the composition of gut microbiota in different
257 fish species (rev. Lu et al., 2019) and caused gut inflammation in zebrafish (*Danio rerio*; Jin
258 et al., 2018) with possible impacts on efficient microbial fermentation. Studies are needed to
259 investigate whether microplastics might also modify the intestinal microbiome of amphibian
260 larvae, and which consequences this may exert on their fitness. Furthermore, microplastics
261 are known to have a high affinity toward aquatic contaminants including trace metals
262 (Hildebrandt et al., 2021) as well as pesticides (Villegas et al., 2022) and softeners (Han et al.,
263 2022). This *Trojan-horse effect* is considered to significantly change the potential health risks
264 of microplastics for aquatic organisms such as amphibian larvae (rev. in Zhang and Xu, 2020)

265 especially if contaminated microplastic fibers are ingested. Future studies need to address this
266 effects in laboratory and field studies for a comprehensive understanding of microplastics
267 pollution in the environment. Because the digestive tract represents the functional link
268 between energy intake and allocation (Secor, 2001), digestive plasticity might not only affect
269 larval growth and development (Lindgren and Laurila, 2005) but also has important
270 implications for animal performance and survival in later life stages (Bouchard et al., 2016;
271 Ruthsatz et al., 2019a,b). In anuran amphibians, larval duration and size at metamorphosis
272 predict individual fitness (Berven, 1990): Specifically, individuals have a higher survival
273 probability and reproduce earlier if (i) they reach metamorphosis earlier but at the same body
274 size as other individuals, or (ii) reach metamorphosis later and at larger body size (Semlitsch
275 et al., 1988; Beck and Congdon, 2000; Altwegg and Reyer, 2003). In this study, all larvae
276 reached developmental stage NF57 at the same mass and body condition indicating that
277 digestive plasticity allowed for completely balancing lower food quality against the higher
278 energetic costs of generation and maintenance of larger digestive tracts (Cant et al., 1996).
279 Consequently, there might be no size or body condition related post-metamorphic carry-over
280 effects of low food quality in response to microplastics ingestion during larval development
281 and digestive plasticity could therefore be adaptive (Relyea and Auld, 2004). Nevertheless,
282 larvae could have the same mass and body condition but might suffer from further effects of
283 microplastics such as neuro- or cytotoxic effects with possible ramifications for survival
284 across metamorphosis (da Costa Araujo et al., 2020c). Since little is known about long-term
285 effects of microplastics ingestion and how phenotypic plasticity might increase survival in
286 later life stages, more long-term studies in natural environments are needed to understand how
287 digestive plasticity might help amphibians cope with this growing-source of pollution.

288 Global change alters many environmental factors that might affect amphibians indirectly (e.g.,
289 altered food conditions) or directly (e.g., changes in temperature). The ability to exhibit
290 phenotypic plasticity provides an advantage in unpredictable or variable habitats (Agrawal,
291 2001). However, as amphibians are ectotherms, environmental temperature determines their
292 body temperature, and hence regulates the rates of all physiological and biochemical
293 processes impacting growth, development, and metabolism (Hochachka and Somero, 1973,
294 2002; Huey and Stevenson, 1979; Angilletta et al., 2002). An increase in ambient temperature
295 may, therefore, increase the metabolic rate resulting in more energy required to cover basal
296 energetic demands (Dillon et al., 2010; Ruthsatz et al. 2019b) and less energy available for
297 physiological adjustments such as plastic responses. Exhibiting phenotypic plasticity (DeWitt
298 et al., 1998) and especially a plastic response of the digestive tract is energetically costly
299 (Secor et al., 2001; Naya et al., 2008). The capacity to exhibit digestive plasticity might
300 therefore be restricted if ambient temperatures increase and resources are limited. For
301 example, Lindgren and Laurila (2005) found that the plastic response in intestinal length
302 towards latitudinal differences was more pronounced at low temperatures in larvae of *R.*
303 *temporaria*. Further, intestinal length and mass were smaller in larvae of the Chilean giant
304 frog (*Caudiverbera caudiverbera*; Castañeda et al., 2006) and of the Northern leopard frog
305 (*Lithobates pipiens*; Curtis and Bidart, 2021) when reared under higher temperatures. Future
306 studies should therefore investigate whether the capacity for digestive plasticity in response to
307 microplastics ingestion and other pollutants is reduced if larvae are exposed to higher
308 temperatures.

309 **Acknowledgements**

310 We would like to thank Jutta Dammann from the Universitätsklinikum Hamburg Eppendorf for
311 her great commitment in the husbandry and breeding of *Xenopus laevis*. We thank John G.
312 Harrison for providing valuable comments on earlier drafts of the manuscript. We are grateful
313 to Julian Glos and Guilherme Malafaia for providing useful methodological information. We
314 thank Meike Kondermann, Gabriele Keunecke, and Fabian Bartels for their help in the
315 laboratory in Braunschweig. Additionally, we thank the two anonymous reviewers for their
316 valuable and constructive comments on an earlier version of this manuscript. The study was
317 financed by intramural funds of the Technische Universität Braunschweig.

318 **Author contributions**

319 KR conceived and designed the study. KR and MD conducted the experiments. MD carried
320 out the microdissections of intestinal structures. KR performed the statistical analysis and led
321 the writing of the manuscript. All authors participated in manuscript editing and final
322 approval.

323 **Conflict of Interest**

324 The authors declare that the research was conducted in the absence of any commercial or
325 financial relationships that could be construed as a potential conflict of interest.

326 **Statement of Ethics**

327 The authors have no ethical conflicts to disclose. All applicable international, national and/or
328 institutional guidelines for the care and use of animals were followed. The experiments were
329 conducted under permission from the *Niedersächsisches Landesamt für Verbraucherschutz
330 und Lebensmittelsicherheit*, Germany (Gz. 33.19-42502-04-21/3705).

331 **Funding**

332 This research did not receive any specific grant from funding agencies in the public,
333 commercial, or not-for-profit sectors. The study was financed by intramural funds of the
334 Technische Universität Braunschweig.

335 **References**

- 336 Agrawal, A., 2001. Common property institutions and sustainable governance of resources.
337 *World Dev.* 29, 1649-1672.
- 338 Akdogan, Z., Guven, B., 2019. Microplastics in the environment: A critical review of current
339 understanding and identification of future research needs. *Environ. Poll.* 254, 113011.
- 340 Altwegg, R., Reyer, H. U., 2003. Patterns of natural selection on size at metamorphosis in water
341 frogs. *Evolution* 57, 872-882.
- 342 Angilletta Jr, M. J., Niewiarowski, P. H., Navas, C. A., 2002. The evolution of thermal
343 physiology in ectotherms. *J. Therm. Biol.* 27, 249-268.
- 344 Beck, C. W., Congdon, J. D., 2000. Effects of age and size at metamorphosis on performance
345 and metabolic rates of Southern Toad, *Bufo terrestris*, metamorphs. *Funct. Ecol.* 14, 32-38.
- 346 Berven, K. A., 1990. Factors affecting population fluctuations in larval and adult stages of the
347 wood frog (*Rana sylvatica*). *Ecology* 71, 1599-1608.
- 348 Bosch, J., Thumsová, B., López-Rojo, N., Pérez, J., Alonso, A., Fisher, M. C., Boyero, L., 2021.
349 Microplastics increase susceptibility of amphibian larvae to the chytrid fungus
350 *Batrachochytrium dendrobatidis*. *Sci. Rep.* 11, 1-7.

- 351 Bouchard, S. S., O'Leary, C. J., Wargelin, L. J., Charbonnier, J. F., Warkentin, K. M., 2016.
352 Post-metamorphic carry-over effects of larval digestive plasticity. *Funct. Ecol.* 30, 379-388.
- 353 Boyero, L., López-Rojo, N., Bosch, J., Alonso, A., Correa-Araneda, F., Pérez, J., 2020.
354 Microplastics impair amphibian survival, body condition and function. *Chemosphere* 244,
355 125500.
- 356 Buchholz, D. R., 2017. *Xenopus* metamorphosis as a model to study thyroid hormone receptor
357 function during vertebrate developmental transitions. *Mol. Cell. Endocrinol.* 459, 64-70.
- 358 Buss, N., Sander, B., Hua, J., 2021. Effects of Polyester Microplastic Fiber Contamination on
359 Amphibian–Trematode Interactions. *Environ. Toxicol. Chem.* 1-11.
- 360 Cant, J. P., McBride, B. W., Croom Jr, W. J., 1996. The regulation of intestinal metabolism and
361 its impact on whole animal energetics. *J. Anim. Sci.* 74, 2541-2553.
- 362 Carabio, M., Perazza, G., Larrañaga, F., Naya, D. E., 2017. The effect of food availability on
363 phenotypic plasticity and phenotypic integration in the hyloid frog *Hypsiboas pulchellus*. *Evol.*
364 *Ecol. Res.* 18, 281-291.
- 365 Carreira, B. M., Segurado, P., Orizaola, G., Gonçalves, N., Pinto, V., Laurila, A., Rebelo, R.,
366 2016. Warm vegetarians? Heat waves and diet shifts in tadpoles. *Ecology* 97, 2964-2974.
- 367 Castaneda, L. E., Sabat, P., Gonzalez, S. P., Nespolo, R. F., 2006. Digestive plasticity in
368 tadpoles of the Chilean giant frog (*Caudiverbera caudiverbera*): factorial effects of diet and
369 temperature. *Physiol. Biochem. Zool.* 79, 919-926.
- 370 Cecala, K. K., Price, S. J., Dorcas, M. E., 2007. A comparison of the effectiveness of
371 recommended doses of MS-222 (tricaine methanesulfonate) and Orajel®(benzocaine) for
372 amphibian anesthesia. *Herpetol. Rev.* 38, 63.
- 373 Cramp, R. L., Franklin, C. E., Meyer, E. A., 2005. The impact of prolonged fasting during
374 aestivation on the structure of the small intestine in the green - striped burrowing frog,
375 *Cyclorana alboguttata*. *Acta Zool.* 86, 13-24.
- 376 Curtis, A. N., Bidart, M. G., 2021. Increased Temperature Influenced Growth and Development
377 of *Lithobates pipiens* Tadpoles Exposed to Leachates of the Invasive Plant European Buckthorn
378 (*Rhamnus cathartica*) and a Triclopyr Herbicide. *Environ. Toxicol. Chem.* 40, 2547-2558.
- 379 da Costa Araújo, A. P., de Melo, N. F. S., de Oliveira Junior, A. G., Rodrigues, F. P., Fernandes,
380 T., de Andrade Vieira, J. E., Malafaia, G., 2020a. How much are microplastics harmful to the
381 health of amphibians? A study with pristine polyethylene microplastics and *Physalaemus*
382 *cuvieri*. *J. Hazard. Mater.* 382, 121066.
- 383 da Costa Araújo, A. P., Gomes, A. R., Malafaia, G., 2020c. Hepatotoxicity of pristine
384 polyethylene microplastics in neotropical *Physalaemus cuvieri* tadpoles (Fitzinger, 1826). *J.*
385 *Hazard. Mater.* 386, 121992.
- 386 da Costa Araújo, A. P., Malafaia, G., 2020b. Can short exposure to polyethylene microplastics
387 change tadpoles' behavior? A study conducted with neotropical tadpole species belonging to
388 order anura (*Physalaemus cuvieri*). *J. Hazard. Mater.* 391, 122214.
- 389 DeWitt, T. J., Sih, A., Wilson, D. S., 1998. Costs and limits of phenotypic plasticity. *Trends*
390 *Ecol. Evol.* 13, 77-81.
- 391 Dillon, M. E., Wang, G., Huey, R. B., 2010. Global metabolic impacts of recent climate
392 warming. *Nature* 467, 704-706.

393 Eriksen, M., Lebreton, L. C., Carson, H. S., Thiel, M., Moore, C. J., Borerro, J. C., Reisser, J.,
394 2014. Plastic pollution in the world's oceans: more than 5 trillion plastic pieces weighing over
395 250,000 tons afloat at sea. *PloS one* 9, e111913.

396 Han, Y., Shi, W., Tang, Y., Zhou, W., Sun, H., Zhang, J., ... & Liu, G. 2022. Microplastics
397 and bisphenol A hamper gonadal development of whiteleg shrimp (*Litopenaeus vannamei*) by
398 interfering with metabolism and disrupting hormone regulation. *Sci. Total Environ.* 810,
399 152354.

400 Hildebrandt, L., Nack, F. L., Zimmermann, T., Pröfrock, D. 2021. Microplastics as a Trojan
401 horse for trace metals. *JHM Letters* 2, 100035.

402 Hochachka, P. W., Somero, G. N., 1973. Strategies of biochemical adaptation.

403 Hochachka, P. W., Somero, G. N., 2002. Biochemical adaptation: mechanism and process in
404 physiological evolution. Oxford university press.

405 Hoffmann, M., Hilton-Taylor, C., Angulo, A., Böhm, M., Brooks, T. M., Butchart, S. H.,
406 Veloso, A., 2010. The impact of conservation on the status of the world's vertebrates. *Science*,
407 330, 1503-1509.

408 Horiuchi, S., Koshida, Y., 1989. Effects of foodstuffs on intestinal length in larvae of
409 *Rhacophorus arboreus* (Anura: Rhacophoridae). *Zool. Sci.* 6, 321-328.

410 Horton, A. A., Walton, A., Spurgeon, D. J., Lahive, E., Svendsen, C., 2017. Microplastics in
411 freshwater and terrestrial environments: evaluating the current understanding to identify the
412 knowledge gaps and future research priorities. *Sci. Total Environ.* 586, 127-141.

413 Hu, L., Fu, J., Zheng, P., Dai, M., Zeng, G., Pan, X., 2022. Accumulation of microplastics in
414 tadpoles from different functional zones in Hangzhou Great Bay Area, China: Relation to
415 growth stage and feeding habits. *J. Hazard. Mater.* 424, 127665.

416 Hu, L., Su, L., Xue, Y., Mu, J., Zhu, J., Xu, J., Shi, H., 2016. Uptake, accumulation and
417 elimination of polystyrene microspheres in tadpoles of *Xenopus tropicalis*. *Chemosphere* 164,
418 611-617.

419 Huey, R. B., Stevenson, R. D., 1979. Integrating thermal physiology and ecology of ectotherms:
420 a discussion of approaches. *Am. Zool.* 19, 357-366.

421 Jin, Y., Xia, J., Pan, Z., Yang, J., Wang, W., Fu, Z., 2018. Polystyrene microplastics induce
422 microbiota dysbiosis and inflammation in the gut of adult zebrafish. *Environ. Poll.* 235, 322-
423 329.

424 Karaoğlu, K., Gül, S., 2020. Characterization of microplastic pollution in tadpoles living in
425 small water-bodies from Rize, the northeast of Turkey. *Chemosphere* 255, 126915.

426 Ke, Z., Ping, X., Guo, L., 2008. Phenotypic plasticity in gut length in the planktivorous filter-
427 feeding silver carp (*Hypophthalmichthys molitrix*). *Sci. World J.* 8, 169-175.

428 Kehr, A. I., Gómez, V. I., 2009. Intestinal, body and tail plasticity in *Rhinella schneideri*
429 (Bufonidae) tadpoles induced by a predator insect (*Belostoma elegans*). *Adv. Stud. Biol.* 2, 85-
430 94.

431 Koelmans, A. A., Nor, N. H. M., Hermsen, E., Kooi, M., Mintenig, S. M., De France, J., 2019.
432 Microplastics in freshwaters and drinking water: Critical review and assessment of data quality.
433 *Water Res.* 155, 410-422.

434 Kolenda, K., Kuśmierk, N., Pstrowska, K., 2020. Microplastic ingestion by tadpoles of pond-
435 breeding amphibians—first results from Central Europe (SW Poland). *Environ. Sci. Pollut. Res.*
436 *27*, 33380-33384.

437 Lajmanovich, R. C., Attademo, A. M., Lener, G., Boccioni, A. P. C., Peltzer, P. M., Martinuzzi,
438 C. S., Repetti, M. R., 2022. Glyphosate and glufosinate ammonium, herbicides commonly used
439 on genetically modified crops, and their interaction with microplastics: Ecotoxicity in anuran
440 tadpoles. *Sci. Total Environ.* *804*, 150177.

441 Lindgren, B., Laurila, A., 2005. Proximate causes of adaptive growth rates: growth efficiency
442 variation among latitudinal populations of *Rana temporaria*. *J. Evol. Biol.* *18*, 820-828.

443 Lu, L., Luo, T., Zhao, Y., Cai, C., Fu, Z., Jin, Y., 2019. Interaction between microplastics and
444 microorganism as well as gut microbiota: A consideration on environmental animal and human
445 health. *Sci. Total Environ.* *667*, 94-100.

446 McWilliams, S. R., Karasov, W. H., 2001. Phenotypic flexibility in digestive system structure
447 and function in migratory birds and its ecological significance. *Comp. Biochem. Physiol. Part*
448 *A Mol. Integr. Physiol.* *128*, 577-591.

449 Naya, D. E., Bozinovic, F., 2004. Digestive phenotypic flexibility in post-metamorphic
450 amphibians: studies on a model organism. *Biol. Res.* *37*, 365-370.

451 Naya, D. E., Bozinovic, F., Karasov, W. H., 2008. Latitudinal trends in digestive flexibility:
452 testing the climatic variability hypothesis with data on the intestinal length of rodents. *Am. Nat.*
453 *172*, E122-E134.

454 Naya, D. E., Veloso, C., Sabat, P., Bozinovic, F., 2011. Physiological flexibility and climate
455 change: the case of digestive function regulation in lizards. *Comp. Biochem. Physiol. Part A*
456 *Mol. Integr. Physiol.* *159*, 100-104.

457 Naya, D., 2007. Phenotypic plasticity in laboratory mice and rats: a meta-analysis of current
458 ideas on gut size flexibility. *Evol. Ecol. Res.* *9*, 1363–1374

459 Nieuwkoop, P. D., Faber, J., Gerhart, J., Kirschner, M., 1994. Normal table of *Xenopus laevis*
460 (Daudin): a systematical and chronological survey of the development from the fertilized egg
461 till the end of metamorphosis. Garland Science.

462 Peig, J., Green, A. J., 2009. New perspectives for estimating body condition from mass/length
463 data: the scaled mass index as an alternative method. *Oikos* *118*, 1883-1891.

464 Peig, J., Green, A. J., 2010. The paradigm of body condition: a critical reappraisal of current
465 methods based on mass and length. *Funct. Ecol.* *24*, 1323-1332.

466 Pfennig, D. W., Murphy, P. J., 2002. How fluctuating competition and phenotypic plasticity
467 mediate species divergence. *Evolution* *56*, 1217-1228.

468 Piersma, T., Lindström, Å., 1997. Rapid reversible changes in organ size as a component of
469 adaptive behaviour. *Trends Ecol. Evol.* *12*, 134-138.

470 Prokić, M. D., Radovanović, T. B., Gavrić, J. P., Faggio, C., 2019. Ecotoxicological effects of
471 microplastics: Examination of biomarkers, current state and future perspectives. *Trends Analyt.*
472 *Chem.* *111*, 37-46.

473 Relyea, R. A., Auld, J. R. 2005. Predator - and competitor - induced plasticity: how changes
474 in foraging morphology affect phenotypic trade - offs. *Ecology* *86*, 1723-1729.

475 Relyea, R. A., Auld, J. R., 2004. Having the guts to compete: how intestinal plasticity explains
476 costs of inducible defences. *Ecol. Lett.* 7, 869-875.

477 Ribeiro, F., O'Brien, J. W., Galloway, T., Thomas, K. V., 2019. Accumulation and fate of nano-
478 and micro-plastics and associated contaminants in organisms. *Trends Analyt. Chem.* 111, 139-
479 147.

480 Rochman, C. M., 2015. The complex mixture, fate and toxicity of chemicals associated with
481 plastic debris in the marine environment. In: *Marine Anthropogenic Litter*. Springer, Cham.,
482 pp. 117-140.

483 Rosenblatt, A. E., Schmitz, O. J., 2016. Climate change, nutrition, and bottom-up and top-down
484 food web processes. *Trends Ecol. Evol.* 31, 965-975.

485 Ruthsatz, K., Dausmann, K. H., Reinhardt, S., Robinson, T., Sabatino, N. M., Peck, M. A.,
486 Glos, J., 2019b. Endocrine disruption alters developmental energy allocation and performance
487 in *Rana temporaria*. *Integr. Comp. Biol.* 59, 70-88.

488 Ruthsatz, K., Giertz, L. M., Schröder, D., Glos, J., 2019a. Chemical composition of food
489 induces plasticity in digestive morphology in larvae of *Rana temporaria*. *Bio. Open* 8,
490 bio048041.

491 Sabat, P., Bozinovic, F., 2000. Digestive plasticity and the cost of acclimation to dietary
492 chemistry in the omnivorous leaf-eared mouse *Phyllotis darwini*. *J. Comp. Physiol. B* 170,
493 411-417.

494 Schmeller, D. S., Loyau, A., Bao, K., Brack, W., Chatzinotas, A., De Vleeschouwer, F.,
495 Vredenburg, V. T., 2018. People, pollution and pathogens—Global change impacts in mountain
496 freshwater ecosystems. *Sci. Total Environ.* 622, 756-763.

497 Schreiber, A. M., Cai, L., Brown, D. D., 2005. Remodeling of the intestine during
498 metamorphosis of *Xenopus laevis*. *PNAS* 102, 3720-3725.

499 Secor, S. M., 2001. Regulation of digestive performance: a proposed adaptive response. *Comp.*
500 *Biochem. Physiol. Part A Mol. Integr. Physiol.* 128, 563-575.

501 Semlitsch, R. D., Scott, D. E., Pechmann, J. H., 1988. Time and size at metamorphosis related
502 to adult fitness in *Ambystoma talpoideum*. *Ecology* 69, 184-192.

503 Shangling, L., Yanhong, L., Long, J., Zhiping, M., Wenchao, L., Wenbo, L., 2013. Altitudinal
504 Variation in Digestive Tract Length in Yunnan Pond Frog (*Pelophylax pleuraden*). *Asian*
505 *Herpetol. Res.* 263-267.

506 Sibly, R. M., 1981. Strategies of digestion and defecation. In: Townsend, C. R., Calow, P.
507 (Eds.), *Physiological Ecology: An Evolutionary Approach to Resource Use*. Sinauer
508 Associates, Sunderland, pp. 109-139.

509 Stevens, C. E., Hume, I. D., 2004. *Comparative physiology of the vertebrate digestive system*.
510 Cambridge University Press.

511 Stoler, A. B., Relyea, R. A., 2013. Leaf litter quality induces morphological and developmental
512 changes in larval amphibians. *Ecology* 94, 1594-1603.

513 Vences, M., M.L. Lyra, J.G. Kueneman, M.C. Bletz, H.M. Archer, J. Canitz, S. Handreck, R.D.
514 Randrianiaina, U. Struck, S. Bhujju, M. Jarek, R. Geffers, V.J. McKenzie, C.C. Tebbe, C.F. Haddad,
515 Glos, J., 2016. Gut bacterial communities across tadpole ecomorphs in two diverse tropical anuran
516 faunas. *Sci. Nat.* 103, 25.

- 517 Villegas, L., Cabrera, M., Moulatlet, G. M., Capparelli, M. 2022. The synergistic effect of
518 microplastic and malathion exposure on fiddler crab *Minuca ecuadoriensis* microplastic
519 bioaccumulation and survival. *Mar. Pollut. Bull.* 175, 113336.
- 520 Yang, Y., Joern, A., 1994. Gut size changes in relation to variable food quality and body size
521 in grasshoppers. *Funct. Ecol.* 36-45.
- 522 Zhang, M., Xu, L. 2020. Transport of micro-and nanoplastics in the environment: Trojan-
523 Horse effect for organic contaminants. *Crit. Rev. Environ. Sci.* 1-37.
- 524 Zimmerman, L. C., Tracy, C. R., 1989. Interactions between the environment and ectothermy
525 and herbivory in reptiles. *Physiol. Zool.* 62, 374-409.

526 **Figure legend**

527 **Fig. 1** Relative **A** gut length, **B** gut mass, and **C** average gut diameter of *Xenopus laevis* larvae
528 in response to natural (cellulose) and artificial fibers (microplastics) that reduce food quality
529 (i.e., nutrient and energy density). Shown are residuals versus snout-vent length. Boxes and
530 whiskers show 25th to 75th and 10th to 90th percentiles, respectively; black lines indicate the
531 median. Pairwise multiple comparisons were conducted using Mann-Whitney-U test with
532 Bonferroni correction. Asterisks indicate significant differences between cohorts within a
533 nitrate concentration (* $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$). Total number of individuals = 45;
534 total number of aquaria (i.e., replicates and statistical units) = 9.